

Asst. Prof. BÜŞRA BAŞPINAR

Personal Information

Email: bbaspinar@erzincan.edu.tr

Web: <https://avesis.ebyu.edu.tr/bbaspinar>

International Researcher IDs

ORCID: 0000-0003-0584-2568

Yoksis Researcher ID: 216207

Education Information

Doctorate, Ankara University, Sağlık Bilimleri Enstitüsü, Turkey 2018 - Continues

Postgraduate, Ankara University, Sağlık Bilimleri Enstitüsü, Turkey 2015 - 2017

Foreign Languages

English, C1 Advanced

Research Areas

Nutrition and Dietetics

Academic Titles / Tasks

Research Assistant, Erzincan Binali Yildirim University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2014 - Continues

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Do sleep quality and caffeine consumption mediate the relationship between late chronotype and body mass index?**
BODUR M., BAŞPINAR B., ÖZÇELİK A. Ö.
Food and Function, vol.12, no.13, pp.5959-5966, 2021 (SCI-Expanded)
- II. **A cross-sectional evaluation of the relationship between social jetlag and diet quality**
BODUR M., BAŞPINAR B., ÖZÇELİK A. Ö.
Chronobiology International, vol.38, no.11, pp.1557-1568, 2021 (SCI-Expanded)
- III. **Traditional plain yogurt: a therapeutic food for metabolic syndrome?**
BAŞPINAR B., GÜLDAŞ M.
Critical Reviews in Food Science and Nutrition, vol.61, no.18, pp.3129-3143, 2021 (SCI-Expanded)
- IV. **How coffee affects metabolic syndrome and its components**
Baspinar B., Eskici G., Ozcelik A. O.
FOOD & FUNCTION, vol.8, no.6, pp.2089-2101, 2017 (SCI-Expanded)

Articles Published in Other Journals

- I. **Adherence to Gluten-Free Diet and Affecting Factors in Adolescents with Celiac Disease during the COVID-19 Pandemic**
AYDIN A. İ., BAŞPINAR B., ATAK M., DEMİRTAŞ Z., ÖZTAŞ G., ÖZYAZICIOĞLU N.
International Journal of Caring Sciences, vol.16, no.3, pp.1091-1099, 2023 (Peer-Reviewed Journal)
- II. **Is diet quality affected by nutritional knowledge and practices in individuals doing regular physical activity?: A cross-sectional study.**
BAŞPINAR B., ASLAN ÇİN N. N., ÖZÇELİK A. Ö.
REVISTA DE LA FACULTAD DE MEDICINA HUMANA, vol.23, no.2, pp.29-39, 2023 (Scopus)
- III. **Comparison of commonly used dietary assessment methods in individuals without obesity**
BAŞPINAR B., ÖZÇELİK A. Ö.
Nutrition Food Science, vol.51, pp.560-577, 2021 (ESCI)
- IV. **Gluten-Free Casein-Free Diet for Autism Spectrum Disorders: Can It be Effective in Solving Behavioural and Gastrointestinal Problems?**
BAŞPINAR B., YARDIMCI H.
The Eurasian Journal of Medicine, vol.52, pp.292-297, 2020 (ESCI)
- V. **POSSIBLE BENEFICIAL EFFECTS OF VITAMIN K AND OSTEOCALCIN ON GLUCOSE METABOLISM**
BAŞPINAR B., YABANCI AYHAN N.
TURKISH MEDICAL STUDENT JOURNAL, vol.7, no.2, pp.106-113, 2020 (Peer-Reviewed Journal)
- VI. **The Effect of Consumption Frequency of Foods Containing Iron, Folate, B12 Vitamins on the Anemia in the Elderly**
YARDIMCI H., BAŞPINAR B., AÇIKGÖZ İ., ÖZÇELİK A. Ö.
International Journal of Contemporary Research and Review, vol.9, no.1, pp.20417-20425, 2018 (Peer-Reviewed Journal)
- VII. **Health beliefs and use of dietary supplements among teachers**
YARDIMCI H., BAŞPINAR B., ÖZÇELİK A. Ö.
Journal of Human Sciences, vol.15, no.1, pp.331, 2018 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **THE EVOLUTIONARY HISTORY OF OBESITY**
SÜRÜCÜOĞLU M. S., ÖZÇELİK A. Ö., ASLAN J., BAŞPINAR B.
in: Recent Researches in Health Sciences, Shapekova N, Ozdemir L, Ak B, Şenol V and Yıldız H, Editor, Cambriche Schoolar Publishing, Londrina, pp.167-182, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. **Kadınlarda Sosyal Medya Kullanımı, Beden Memnuniyeti Ve Yeme Bozuklukları**
BAŞPINAR B., ÖZÇELİK A. Ö.
"TÜRK DÜNYASINDA KADIN OLMAK" ULUSLARARASI KADIN ÇALIŞMALARI KONGRESİ, Bursa, Turkey, 05 December 2022
- II. **Association of some caffeinated beverage consumption with metabolic syndrome in adults**
BAŞPINAR B., ÖZÇELİK A. Ö.
Uluslararası Anadolu Kahve ve Kakao Kongresi, Malatya, Turkey, 3 - 05 December 2021
- III. **Nutritional knowledge and behaviours of adults who do regular physical activity**
BAŞPINAR B., ASLAN ÇİN N. N., ÖZÇELİK A. Ö.
2. Uluslararası Sağlıklı Beslenme Kongresi, 10 - 12 October 2019
- IV. **Comparison of the methods used to determine the level of physical activity**
BAŞPINAR B., ÖZÇELİK A. Ö.
26th European Congress on Obesity (ECO2019), 28 April - 01 May 2019, vol.12, pp.1-298

- V. **Can neck circumference be used as an indicator of metabolic syndrome?**
BAŞPINAR B., ÖZÇELİK A. Ö.
26th European Congress on Obesity (ECO2019), 28 April - 01 May 2019, vol.12
- VI. **Physical Activity Habits of Adults**
BAŞPINAR B., ASLAN N. N., YARDIMCI H., ÖZÇELİK A. Ö.
International Conference on Obesity and Diet Imbalance, Balvi, Latvia, 29 - 30 November 2018, vol.8, pp.51
- VII. **MOTHER'S KNOWLEDGE ABOUT BREAST MILK**
OVALI ULUÇAY S., BAŞPINAR B., ÖZÇELİK A. Ö.
IV. INTERNATIONAL MULTIDISCIPLINARY CONGRESS OF EURASIA (IMCOFE), 23 - 25 August 2017
- VIII. **Awareness and Consumption of Probiotic Foods By University Students.**
BAŞPINAR B., ASLAN J., YARDIMCI H., ÖZÇELİK A. Ö.
Euro Fed Lipid Congress, Uppsala, Sweden, 27 - 30 August 2017
- IX. **Assessment of body weight, chronic disease and diet status of nutrition and dietetics students**
ASLAN J., BAŞPINAR B., YARDIMCI H., ÖZÇELİK A. Ö.
Euro Fed Lipid Congress, Uppsala, Sweden, 27 - 30 August 2017
- X. **The Health Effects of Krill Oil**
BAŞPINAR B., ASLAN J., ÖZÇELİK A. Ö.
Euro Fed Lipid Congress, Uppsala, Sweden, 27 - 30 August 2017
- XI. **How Freezing Affects the Antioxidant Content of Foods?**
ASLAN J., BAŞPINAR B., ÖZÇELİK A. Ö.
Euro Fed Lipid Congress, Uppsala, Sweden, 27 - 30 August 2017
- XII. **Relationship Between Some Biochemical Parameters and The Body Mass Index in Elderly Women".**
BAŞPINAR B., YARDIMCI H., ÖZÇELİK A. Ö.
IV. International Multidisciplinary Congress of Eurasia (IMCOFE), Roma, Italy, 23 - 25 August 2017
- XIII. **Yetişkinlerin Sıvı Tüketimi**
ASLAN J., BAŞPINAR B., YARDIMCI H., ÖZÇELİK A. Ö.
I. Adnan Menderes Üniversitesi Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017, pp.207
- XIV. **Sağlık personelinin kolesterol ile ilgili bilgileri.**
BAŞPINAR B., ASLAN J., YARDIMCI H., ÖZÇELİK A. Ö.
Adnan Menderes Üniversitesi I. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017
- XV. **Yetişkinlerin sıvı tüketimi ile ilgili bilgilerinin değerlendirilmesi**
ASLAN J., BAŞPINAR B., ÖZÇELİK A. Ö., YARDIMCI H.
Adnan Menderes Üniversitesi I. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017
- XVI. **Mardin Syriac wine in terms of culture and health**
ASLAN J., BAŞPINAR B., ÖZÇELİK A. Ö.
International Congress on Cultural Heritage and Tourism, Konya, Turkey, 19 - 21 May 2017
- XVII. **Erzincan traditional taste: Eşgili soup**
BAŞPINAR B., ASLAN J., ÖZÇELİK A. Ö.
International Congress on Cultural Heritage and Tourism, Konya, Turkey, 19 - 21 May 2017
- XVIII. **Potential health benefits of Chamomile Tea**
BAŞPINAR B., ASLAN J., ÖZÇELİK A. Ö.
I. International Congress on Medicinal and Aromatic Plants, Konya, Turkey, 9 - 12 May 2017
- XIX. **Natural medicine for the treatment of obesity: Saffron (Crocus sativus L.)**
ASLAN J., BAŞPINAR B., ÖZÇELİK A. Ö.
I. International Congress on Medicinal and Aromatic Plants, Konya, Turkey, 9 - 12 May 2017
- XX. **Coffee and Type-2 Diabetes Mellitus**
BAŞPINAR B., ÖZÇELİK A. Ö.
International Symposium on Biodiversity and Edible Wild Species, 3 - 05 April 2017
- XXI. **Gebelik öncesinde sahip olunan ve gebelikte kazanılan ağırlığın uyku kalitesi ve süresi üzerine etkisi.**
BAŞPINAR B., ASLAN ÇİN N. N., ÖZÇELİK A. Ö.
4. Fetal Hayattan Çocukluğa İlk 1000 Gün Gebe ve Çocuk Beslenmesi Kongresi, Turkey, 3 - 05 March 2016

Metrics

Publication: 33

Citation (WoS): 29

Citation (Scopus): 119

H-Index (WoS): 2

H-Index (Scopus): 5